

CAMP NELU MENU

Suitable alternatives will be supplied for Halaal, Vegetarian and other dietary requirements
 Snacks upon arrival & Packed meals could be arranged at an extra cost - please enquire

BREAKFASTS Meal selection - Please tick your choice of meal Please indicate if you'd like this meal to be served on a specific day			
Breakfast 1 French Toast Extra Bread Spreads & Cheese Oats Fresh Fruit Coffee/Tea		Breakfast 5 Coffee, Tea, Rusks	
Breakfast 2 Various Cereals Bread & Spreads Scrambled Eggs Fresh Fruit Coffee/Tea			
Breakfast 3 Mieliepap & Relish Scrambled Eggs Bread & Spreads Fresh Fruit Coffee/Tea			
Breakfast 4 Flap Jacks Ice Cream & Choc Sauce Bread & Spreads <i>Scrambled Eggs & Sausages for Adults</i> Fresh Fruit Coffee/Tea			

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LUNCHEONS		SALADS - Choose from list below	
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Lunch 1 Hamburger with Patty, Pineapple, Tomato, Lettuce, Onion Fresh Fruit Juice		Lunch 5 Vetkoek (2 each) with Curry Mince & Veggies Fresh Fruit Juice	
Lunch 2 Hot Dogs (2 each) with Chicken viennas Tomato & onion relish 1 Salad Fresh Fruit Juice	Salad:	Lunch 6 Brown/White Sandwiches/Rolls with ♦Chicken mayo,lettuce, onion OR ♦Cold meat,tomato,lettuce, cucumber OR ♦Peanut butter, jam 1 Salad Fresh Fruit, Juice	Salad:
Lunch 3 Pasta, corn & pea salad with Chicken fillets Mixed Salad Fresh Fruit Juice		Lunch 7 (groups 30 and less) Pizza slices with tomato base Pineapple, Bacon/Chicken, Cheese Fresh Fruit Juice	
Lunch 4 White/Brown Pita's (Primary 1 each, Senior & Adults 2 each) with: ♦Chicken strips, tomato, lettuce & 1000 island sauce OR ♦Shredded Chicken, lettuce, onion & Mayo OR ♦Curry Mince & Veggies OR ♦Chicken, Sweet & Sour Stir Fry OR ♦Chicken a la King 1 Salad Fresh Fruit Juice	Salad:		

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DINNERS		SALADS - Choose from list below					
Meal selection - Please tick your choice of meal							
Please indicate if you'd like this meal to be served on a specific day							
Dinner 1 (Hekpoort venue only) Puff Pastry Chicken Pie Mash & Gravy Sweet Carrots & Peas 1 Salad Fresh Fruit Juice	Salad:	Dinner 5 Cottage Pie with Mixed veggies 2 Salads Fresh Fruit Juice	2 Salads:	Dinner 9 Bobotie Yellow Rice Sweet Potato 1 Salad Fresh Fruit Juice	Salad:		
Dinner 2 (groups 50 or less) Braai: Boerewors Pap & Tomato Onion Gravy 1 Salad Fresh Fruit Juice	Salad:	Dinner 6 Chicken a la King, vegetables Rice 1 Salad Fresh Fruit Juice	Salad:	Dinner 10 Pasta Carbonara with Chicken OR Bacon Mixed Salad Fresh Fruit Juice	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;">Chicken</td> <td style="width: 50%; text-align: center;">Bacon</td> </tr> </table>	Chicken	Bacon
Chicken	Bacon						
Dinner 3 Spaghetti Bolognese Mixed Salad Fresh Fruit Juice		Dinner 7 Beef Casserole, vegetables Rice Sweet Potato 1 Salad Fresh Fruit Juice		Dinner 11 Macaroni & cheese with Tomato Slices, oven baked 2 Salads Fresh Fruit Juice	2 Salads:		
Dinner 4 Chicken fillet curry with Mixed veggies Rice 1 Salad Fresh Fruit Juice	Salad:	Dinner 8 Stir Fry with Chicken Strips Rice OR Spaghetti Garlic & Sweet & Sour sauce 1 Salad Fresh Fruit Juice	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;">Rice</td> <td style="width: 50%; text-align: center;">Spaghetti</td> </tr> </table>	Rice	Spaghetti	Salad	
Rice	Spaghetti						

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SALADS	DESSERT
Potato Salad	Fruit Cocktail, jelly, custard (with 1 dinner)
Mixed Salad	
Coleslaw	
Beetroot Salad	
Curry Pasta Salad	
Carrot & Pineapple Salad	
Pea & Mayonnaise Salad	
Curry Bean & Carrot Salad	
Pasta, Corn & Pea Salad	